

2026

Infinite Spirit Competition **HANDBOOK**

2026



For questions regarding information in this handbook,
please contact us for assistance:

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Infinite Spirit All Stars would like to acknowledge the traditional owners of the lands on which we work and host our events. We pay our respects to Elders past, present, and emerging.

Contents

IMPORTANT INFORMATION ABOUT THIS HANDBOOK	4
2026 Event Dates	4
EVENT FEATURES & SERVICES PROVIDED	4
What’s Included in your Entry Fee?	4
Athlete Personal Accident Insurance.....	4
Personalised In-house Judging and Workshops	5
Online/Virtual Coaches workshops	5
Legalities and Routine Review	5
CATEGORIES & DIVISIONS	6
Available Categories.....	6
Age Divisions	6
Out Of Age Policy.....	6
Exhibition Routines	7
All-Ability Teams	7
Novice Divisions (Cheer & Dance).....	7
Intermediate Dance Divisions	8
CheerStars & DanceStars	8
Cheer Solos & Duos	8
Group Stunt, Partner Stunt, and Assisted Partner Stunt	8
Dance Solos & Duos (Grading System)	9
Routine Time Limits.....	9
Mix Gender Teams	10
Crossovers.....	10
World’s Divisions	10
HOW TO ENTER.....	11
Entry Form & Run-Sheet changes	11
Waivers	11
Coach Qualifications & Working With Children Check	12
Working With Children Check’s for Athletes over 18 year’s of Age	12
FEES & PAYMENT	13
Registration & Payment Deadlines	13
Late Fees	13
Replacing Athletes.....	13
Fees for Replacement Athletes	14
Refunds	15

ON-THE-DAY COMPETITION	16
Participant and Spectator Entry.....	16
Athlete and Coach Check-in	16
Warm-Up Area.....	16
Dressing Rooms (When available)	16
Mini Competitions.....	17
Photos and Videos.....	17
Social Media at the Event	17
Photographs & Our Child Safety Policy	18
Awards and Awards Ceremonies	18
Ultra Grand Champions.....	18
Judging.....	18
Deduction and Point Review.....	19
Tie Break Rules	19
Scoresheet Distribution.....	19
Music.....	19
POLICIES AND CODE OF CONDUCT	21
Safety Spotters	21
Coaches Seats and Sideline Coaching.....	21
Sideline Coaching: Tiny Novice, Mini Novice & CheerStars Prep	22
On-The-Day Injuries	22
Uniform & Costume Guidelines	23
Conditions of Entry/Athlete & Spectator Code of Conduct.....	23
Penalties for Unsportsmanlike Behaviour.....	24
Disputes and Grievances	24
Plagiarism	24
Solicitation at Events.....	25
Recruiting or Poaching	25
Inclusive Events	26
Website Members Area and Coaches Resources	26
Help & Other Queries.....	26
2026 Age Grid	27
Awards Eligibility Charts.....	31

IMPORTANT INFORMATION ABOUT THIS HANDBOOK

The Infinite Spirit All Stars Competition Handbook is a guide to competitions and events hosted by Infinite Spirit All Stars. It should be read in conjunction with all ACU Cheer & Dance Guidelines, IASF Cheer & Dance Rules, as well as the Infinite Spirit Cheer & Dance Supplementary Guidelines. Guidelines, rules, and regulations may vary for other Event Providers – please refer to their internal information before entering other events.

2026 Event Dates

- FNQ Cheer and Dance Championships, Mackay
 - Mackay Basketball, June 27 & 28*
- Southern Spectacular, Hobart
 - MyState Bank Arena, November 7th

All competitions listed above are subject to a minimum number of routine entries before they are confirmed.

**A NOTE ON TWO-DAY EVENTS: Pending the number of entries received, two-day events may be condensed into a single day. Coaches will be notified of this after the entry cut-off date. Running orders of two-day events vary from year to year. Please do not assume you will be competing at a certain time or day because a previous event had you competing at this time. We encourage you and your athletes to be available for the entire weekend of a two-day event.*

EVENT FEATURES & SERVICES PROVIDED

- Cheer and Dance Teams, Dance Solos & Duos, Cheer Solos & Duos, and Stunt Groups are offered at all of our events
- No minimum entry requirements (solos, duos, and stunt groups can enter without a dance/cheer team)
- Want to understand your scoresheet better? Don't know what the judge was trying to say? Book in for a personalised one-on-one feedback session with the judge to ask them! In-person Judge feedback available after every competition (this must be pre-booked. Please email us for more information).
- Highly knowledgeable judges, with a focus on feedback and comments
- A fun, family-friendly environment!
- Entries welcome from teams across Australia & NZ – have a chat to us about your team travel needs!
- We also provide personalised assistance for our entry forms, just email us for assistance.

What's Included in your Entry Fee?

The following is included in our entry fees for all competitors:

- Athlete gift and Participation memento
- Entry into our optional mini competitions
- Exciting Banners and awards, see "Awards and Awards Ceremonies" on page 18 for further information.
- Professional photos & videos of all routines

Athlete Personal Accident Insurance

Our entry fees DO NOT include Athlete Personal Accident Insurance. **All athletes must be covered by genuine Personal Accident Insurance** (this is **not** the same as Public Liability Insurance, or our waiver). Evidence of this must be provided with your entry form. Examples of Personal Accident Insurance are AASCF Athlete Memberships, or DanceSurance Personal Accident Insurance. If you do not have this organised, please call Infinite Spirit All Stars for advice. Each club is responsible for this annually.

Personalised In-house Judging and Workshops

Allow your teams to put their best foot forward in 2026. Our team is available year-round for:

- In-house workshops across Australia and New Zealand for Dance and Cheer.
- Coach and Athlete education (including rubrics & scoring), parent sessions for understanding our sport, or any area you want customised for your gym/studio.
- In-house competition events with live or virtual judging to provide boutique feedback, allowing personalised feedback to one or all teams in your gym/studio to allow you to get a jump on the season or to ensure you have put feedback in place correctly.
- Routine assessment at any time during the season for Cheer and Dance. This can be as thorough as you want: legalities, identification and routine quality - just ask for a quote today.

All prices are upon request.

Online/Virtual Coaches workshops

We can personalise online workshops for you and your coaching staff, covering a wide array of topics. From how to read a rubric to assistance with choreography. Price upon request, please contact us for more information.

Legalities and Routine Review

We are happy to provide Legality reviews and education for cheer and dance across the season (including [Novice and CheerStars](#)). You may email us a video of a section of your routine at any time. More in-depth or full routine reviews are available at a cost, price is upon application.

Routines which are entered into one of our events may have these legalities checked for free within the 4-6 week period prior to the competition (entry fees must be paid prior). Outside of this time, they will be charged as per all other requests.

CATEGORIES & DIVISIONS

Available Categories

CHEER	DANCE
<ul style="list-style-type: none">• Cheer (Novice, 1,2,3,4,4.2, 5,6,7)• Cheer Non-Tumble (1,2,3,4,5,6,7)• Group Stunt (1,2,3,4,5,6,7)• Partner Stunt (1,2,3,4,5,6,7)• CheerAbility (Novice, 1,2,3,4,4.2,NT)• CheerStars (RN, R1, R2, R3, R4, R5)• Cheer Solo• Cheer Duo <p><i>Please refer to our age grid to confirm which levels are available for each age group</i></p>	<ul style="list-style-type: none">• Jazz (Nov, Int, Adv, Dance.AB)• Hip Hop (Nov, Int, Adv, Dance.AB)• Pom (Nov, Int, Adv, Dance.AB)• Lyrical/Contemporary (Nov, Int, Adv, Dance.AB)• High Kick (Nov, Int, Adv, Dance.AB)• Dance Solos (Jazz, Hip Hop, Lyrical/Contemporary)• Dance Duo (Jazz, Hip Hop, Lyrical/Contemporary, Pom)

Age Divisions

Please see our [Age Grid on page 27](#) for a full breakdown of Age Divisions. **'Ages' are based on the age of an athlete as of 31 December 2026.**

Infinite Spirit has the right to combine age groups to allow competition, you will be notified if this is the case for your teams. This will be done with fairness in mind and to give your athletes the best competition possible. Cheer Levels or Dance Genres will not be combined.

Disqualification of your team WILL occur if an athlete's DOB is not correct on the entry or waiver forms, and then found to be competing in the incorrect age group (this can be in effect up to 7 days after the event).

Teams found to have athletes who are outside of the age range will face disqualification, unless out-of-age rules apply. See below. If you wish to report an out-of-age athlete from another club, please email us. [Complaints will only be accepted from Gym Owners in writing, please email \[events@infinitespiritallstars.com.au\]\(mailto:events@infinitespiritallstars.com.au\)](#).

If you are unable to make your team fit within the age brackets, please contact us so we can make a reasonable effort to accommodate you.

Out Of Age Policy

1. Notified of a Planned Out-Of-Age Athlete **BEFORE** Competition Day:

- **Scenario 1:** An allowance of TWO out-of-age athletes per team is provided, without a deduction, given that the following criteria is met:
 - The athlete(s) are LESS than 12 months over or under-age
 - Infinite Spirit is notified prior to competition day (this can be on the entry form, or via email)
- **Scenario 2:** An allowance of ONE out-of-age athlete per team is provided if an athlete is over 12-months out of age. The team will also receive a 3-point deduction. If there is more than one athlete more than 12 months out of age, the team will compete as "Exhibition" only ([see page 7 for more information on Exhibition teams](#)). Infinite Spirit must be notified of out-of-age athletes in advance (via entry form or email).
- **Scenario 3:** If Infinite Spirit is **not** notified of out-of-age athletes prior to competition day, and it is found that an athlete is competing in the wrong age division, the team may be disqualified. The team must return any awards received to Infinite Spirit at their own cost. [Pending how this is discovered on the day, the team may still be able to perform in their allotted timeslot with no scoresheet or awards given. This is at the discretion of the Event Director.](#)

2. Notified of an Unplanned Out-Of-Age Athlete ON Competition Day:

In the event of a missing/absent member of a team, a gym may replace that athlete with another athlete or coach from that gym (see **“Replacing Athletes” on page 13**). Crossover rules and Out-of-Age policy rules apply. If these policies cannot be met, the team can compete as “Exhibition”. *In this instance however, the team may receive regular scoring from the judges at the discretion of the Event Provider. The team will be announced as exhibition to ensure there is no confusion to the audience. As per “Exhibition” guidelines, the team will not receive awards.*

The Event Manager must be notified of an out-of-age athlete **before** the team performs, so out-of-age allowances can be made. If not, team could be disqualified for having an athlete out-of-age.

Exhibition Routines

Exhibition divisions are available for routines that otherwise do not fit an age category, genre, routine style, or other guidelines. I.e. they cannot be placed within our standard range of divisions. *EXCEPTION: Time limits – standard time limits apply to all routines.* These routines will be allowed to perform at the event but will not be eligible for prizes. Exhibition routines will receive a comments-only scorecard from our judges, as well as a participation certificate for each athlete at our awards sessions. If you would like additional feedback for these routines (e.g. indication of ranges), this is possible only if requested in advanced. Entry fees are still applicable for Exhibition items. Infinite Spirit reserves the right to deny Exhibition items if they are not deemed appropriate for the event, or if there is not enough space in the program to allow for the entry.

All-Ability Teams

Infinite Spirit offers All-Ability divisions at all events. All-Ability is an age category, not a level or genre. All-Ability is available for Dance Solos and Duos, as well as all genres of Dance (teams), but only some levels of Cheer (teams and specialty). Please refer to the Age Grid on page 27 for further details. All-Ability teams must be entered separately to All-Star teams, using our All-Ability Entry Form. *See more information about entry forms on page 11.*

All-Ability teams are offered as both Independent or Unified. Independent teams perform without any assistance from helpers or coaches, whereas Unified teams are allowed extra assistance on the performance floor. Please refer to the All-Ability entry form for further clarification on the definition of ‘coach’, ‘athlete’, and ‘helper’. Coaches are allowed to be a support person on the performance floor. Clubs can have up to 1x Registered Athlete Assistant per 1x All-Ability Athlete. Athlete Assistants also gain free entry into the event. These must be registered PRIOR to the event on the entry form. Please see our All-Ability Entry Form for further information regarding Registered Athlete Assistants. *Our “Athlete Assistants” program is in lieu of companion cards (or similar), additional free passes will not be provided.*

We have an in-depth CheerAbility and DanceAbility Guidelines document that outlines all rules and regulations for these divisions. Please contact us for a copy, or find it on the Members Area of our website.

Novice Divisions (Cheer & Dance)

Infinite Spirit follows the ACU 2026 Novice rules*, *in conjunction with our own guidelines.* Novice specialty items are not offered (i.e. Stunt Groups, Dance solos & duos, Cheer solos & duos). As per ACU Novice rules, legalities will be applied to skills performed out of level. Deductions will also be applied (excluding Athlete Falls, which will be warned).

**Some changes may be implemented pending the review of further 2026 updates from ACU, or to bring our processes in line with industry standards if adopted by other EP’s. We will only implement changes that are in the best interest of clubs and programs. Coaches will be notified immediately if any changes are to be made to these rules.*

Intermediate Dance Divisions

Infinite Spirit follows the 2026 ACU rules for Intermediate Dance*. This division is designed to provide a stepping stone between Novice and All Star Dance. Please ensure that you have referred to the relevant rules for each division so as to not accrue deductions for your teams.

**Some changes may be implemented pending the review of further 2026 updates from ACU, or to bring our processes in line with industry standards if adopted by other EP's. We will only implement changes that are in the best interest of clubs and programs. Coaches will be notified immediately if any changes are to be made to these rules.*

CheerStars & DanceStars

Infinite Spirit provide CheerStars divisions at our events. **We will not be offering DanceStars divisions at our events in 2026***. For more information on these programs and how they work, please refer to the CheerStars handbook. This can be found in the Members Area of our website.

**Due to DanceStars having the same scoring, rules, and information as All-Star Novice Dance, it has been decided that all DanceStars teams will be incorporated into Novice at Infinite Spirit Events.*

Cheer Solos & Duos

Cheer Solos and Duos are classified as "Cheer Specialty Items". Please refer to our "Cheer Solo and Duo scoring breakdown" for a detailed list of what to include in your routine (found in our Members Area). **This document will be updated for 2026, so please check carefully if you have used this in previous years.**

All levels compete against each other. Levels are displayed on run sheets for judges information only. Technique determines the winner, not the level of tumble demonstrated. Therefore, athletes should utilise their strongest/cleanest level rather than trying to throw a single higher level skill. All athletes must nominate a level at the time of entry.

Group Stunt, Partner Stunt, and Assisted Partner Stunt

Group Stunt, Partner Stunt, and Assisted Partner Stunt are all classified as "Cheer Specialty Items". They consist of the following athlete combinations:

- Group Stunts: 4 to 5 athletes - a standard stunting structure e.g. two bases, a flyer, back base, front base.
- Partner Stunts: 2 athletes – a "co-ed" stunting structure, e.g. a base and a flyer with one spotter to assist in cradles (spotter does not need to be entered as an athlete, but must complete a waiver as they are on the performance surface. They must also follow safety spotter guidelines, see page 21)
- Assisted Partner Stunts: 3 athletes – e.g. two bases and a flyer

All Stunt Groups perform a combination of stunts, transitions, dismounts and mounts. Tosses, tumbling, and dance is not a part of the scorecard. A combination of skills both level appropriate, below level, and elite skills increases the complexity depending on timing and flow. Levels 1-7 For all age divisions is available. For a breakdown on scoring information and general guidelines, please see "Cheer Stunt General Guidelines" within our Cheer Guidelines document.

Dance Solos & Duos (Grading System)

Our dance solos & duos are scored through a grading system, rather than a traditional 1st – 3rd placings system. Dances are awarded a graded certificate.

How does it work?

Instead of competing against fellow athletes for a ‘place’ based on how they rank against one another, athletes will be ‘graded’ and given an Athlete Status based on the score range that they achieve. This is similar to grading systems you would find in traditional dance exams.

Athletes will be graded with scores based on their age category:

DanceAbility (All Ages)*, Mini Dancers (Ages 7 & Under) & Youth Dancers (Ages 8-12)

**DanceAbility is an age division, not a genre or separate section.*

Athlete Status	Score Range
Bronze Status	59.9 and below
Silver Status	60 – 69.9
Gold Status	70 – 84.9
Diamond Status	85 and above*

Senior Dancers (Ages 13-19) & Open Dancers (Ages 20 & Over)

Athlete Status	Score Range
Ruby Status	64.9 and below
Emerald Status	65 – 74.9
Sapphire Status	75 – 84.9
Diamond Status	85 and above*

**This score is in-line with the qualifying score for Dance Doubles at AASCF Nationals*

Duo age divisions will be assigned based on the oldest dancer of the pair.

This system allows athletes to have a better understanding of where they stand on the score sheet, rather than how they compare to their peers. It will give them a clear guide to progress further in their skills, aiming to be the best they can be rather than the best of a group. The highest scoring routines of the day will also be recognised at each event. Coaches will receive a full list of routine scores after the event has concluded.

Routine Time Limits

The following time limits apply to routines:

Cheer	Dance
<ul style="list-style-type: none"> ▪ IASF Level 1-7: 2.30 minutes ▪ CheerAbility, CheerStars and Novice: 2.30 minutes ▪ Non-Tumble routines, 2.00 minutes ▪ Cheer Solo & Duo, 1.00 minutes ▪ Group Stunt & Partner Stunt, 1.00 minutes 	<ul style="list-style-type: none"> ▪ Team routines, 2.15 minutes (Minimum 1:45) ▪ DanceAbility, 2.15 minutes (Minimum 1:45) ▪ Dance Solo & Duo, 1.30 minutes (no minimum)

Routine performance times may not exceed 0.09 seconds of their time limit (e.g. A cheer routine may not exceed 2:30:09, with point deductions starting at 2:31:00). Timing of the routine begins with the first movement, voice, or note of music (whichever comes first). Timing ends with the last movement, voice, or note of music (whichever comes last). Exception: dismounts from ending “pose” stunts. [Please see our Cheer and Dance Guidelines for further information on applicable deductions for Time Limit Violations.](#)

Mix Gender Teams

Infinite Spirit All Stars does not split divisions by All Girl and Co-Ed age groups. Traditional “Co-Ed” skills (i.e. partner stunt or dual-base stunts) now count towards the “Elite Stunt” section of the rubric, no matter if they are performed by male or female athletes. Please refer to our Cheer Skill List and Scoring Rubric for more information. However, we will offer a “Mix Gender” option for teams in Senior 6, and Open levels 3-7 if requested by coaches in advanced (a request may be denied if a run sheet has already been distributed for an event). These sections will not be scored differently.

When a routine is judged at our events, please refer to the ACU Cheer Scoring Rubric Mixed Quantity Skills (P3 Level 3 and 4 and Page 4 for level 5,6,7). Assisted skills are “Level Appropriate” and Unassisted are “Elite Level Appropriate”. All athletes will be awarded these as Elite Level Appropriate Skills (and Level Appropriate skills) for Stunt Difficulty and Pyramid Difficulty. If you require clarification, please contact us.

We acknowledge that this process is different to other Event Provider’s scoring. If you would like for your co-ed team to be scored under the ACU guidelines so as to have comparative feedback for other events, please contact us so we can make suitable arrangements with our judges.

Crossovers

Infinite Spirit All Stars is aware of the need for crossovers in smaller programs. With this in mind, we allow crossovers within reasonable restrictions:

- Athletes cannot compete for multiple All-Star clubs/programs. However, athletes can cross between Scholastic and All-Star. Exception: An athlete can compete in dance for one club, and cheer for another, if these two programs do not offer both. An athlete can compete for two “locations” if a program has multiple gyms, as long as they do not compete against themselves. Athletes cannot compete for All Ability Dance or Cheer at one studio, and then All-Star Dance or Cheer at another (see All-Abilities Guidelines for further information).
- **Athletes cannot compete against themselves in any division** (Exception: Dance Specialty). This includes specialty items, such as Cheer Solos. *CLARIFICATION of DANCE SPECIALTY: An athlete can have multiple dance solos or dance duos in the same age division however they must be from different genres.*
- Cheer crossovers must not exceed more than 2 levels (above or below level). E.g. a Level 1 athlete cannot compete in Level 4, but could compete in Level 3. This includes Novice. For the purposes of these rules, CheerStars “Prep” is considered the same as Novice.
- An athlete may cross between ONE level in Dance i.e. Novice to Intermediate OR Intermediate to Advanced for the same Dance Genre.
- A Dancer can compete in Novice for one Dance Genre, and Advanced or Intermediate for another. For example, Novice Jazz and Advanced Hip Hop is allowed, Novice Jazz and Advanced Jazz is not allowed.
- All-Ability athletes are affected differently by these rules, depending on whether or not they are an Adaptive Abilities Athlete, or a Non-Adaptive Abilities Athlete. Please refer to our CheerAbility & DanceAbility Guidelines for further information.
- The same routine cannot be entered twice, i.e. in two different sections. Each team is to compete only once per section. This includes if the same routine is performed by different dancers – even with minor changes or entered into Scholastic and also All-Star.

Athletes found to not adhering to the crossover rules could result in a disqualification of the team.

World’s Divisions

Infinite Spirit do not however offer “World’s Divisions”. These are encompassed in general levels 5-7 and are judged on IASF Scorecards. This also includes “Elite” dance divisions. As we are not a Worlds bid Event Provider we do not

have Global divisions. If you feel that you require a division that is not currently offered, please contact us to discuss as soon as possible so we can make suitable accommodations.

HOW TO ENTER

Entries will only be accepted if provided on the official entry form paperwork. Please ensure you complete this paperwork **in full** before sending it through. Partially completed forms will not be accepted. Please contact us for a copy of the Entry Form. You will require Microsoft Excel (desktop version) in order to complete the form. “Numbers” or “Excel Online” will not open the file in its entirety. You must complete the form on a desktop or laptop computer due to the size of the document, a phone is not a suitable platform for editing. Please send it back to us as an excel spreadsheet, as an attachment to an email.

DO NOT export it as a pdf or Word document.

If you would like assistance completing the form, please contact us to arrange a one-on-one session. We will also provide online tutorials throughout the year. Otherwise, instructions can be found on page 1 of the form itself. To obtain an entry form, please email us for a copy.

Early entry forms will be accepted - changes can be made to early entry forms up to the entry form deadline. We recommend keeping records of team lists in Excel (or similar) so they can be easily transferred into our entry forms.

Entry Form & Run-Sheet changes

Multiple drafts of the Run-Sheet will be sent to coaches prior to the event. We aim to release the first draft as soon as possible after the entry form deadline. Coaches are responsible for reviewing these run sheets for any errors or clashes between teams. You will be directed to provide feedback on any necessary changes by set due dates. No further changes can be made once the Final Version is released.

Changes to the run sheet which are requested after the release of the final run sheet (or 7 days prior to the event, whichever is sooner) will attract a **\$30 administrative fee per routine** moved (unless Infinite Spirit have initiated the change). This includes clashes that have been present in previous versions that had been missed by coaches.

If you are requesting changes to the run sheet (or your entry form after it has been submitted), please communicate your changes via **email only** (kept to a single email thread). No changes will be accepted if communicated elsewhere (e.g. via text, or through our Facebook page). This is to keep all information in writing and as clear as possible. You are welcome to call and discuss changes to the run sheet with our staff, but all changes **MUST** be finalised in writing.

Waivers

All participants must fill out a competition waiver prior to competing.

The waiver only needs to be completed once per calendar year per athlete*. This form can be found on our website, we recommend including it in your start-of-year athlete registration. If an athlete has not completed a waiver, they will not be allowed to perform at any of our events. All waivers must be completed in full and have accurate contact information. We will not use information from waivers for marketing of any kind. Athletes must also be covered by Personal Accident Insurance before competing. Please see page 4 for more information. All competitors perform at their own risk.

Waivers will be cross-referenced with entry forms. Disqualification of your team **WILL** occur if an athlete's DOB is not correct on entry or waiver forms, or if they are found to be competing in the incorrect age group. Coaches will be requested to review and amend incorrect entry form information based off the waivers in the lead-up to events, so we ask that you do your best to ensure all information is accurate from the beginning. Lists of missing waivers will also be provided to coaches in the weeks prior to the events, but not until after the entry form cut-off date.

**Note: Scholastic teams only need to fill out the Team Waiver which is included within the Scholastic entry form. This needs to be signed electronically by the Principal of the school.*

Coach Qualifications & Working With Children Check

Infinite Spirit All Stars require evidence of current Working with Children clearance (for the relevant state) from **ALL COACHES AND GYM OWNERS** and any staff member entering warm up prior to the competition (this includes people playing music, **athletes over the age of 18**, and junior coaches over 16 if the state mandates). Evidence of these must be provided with your entry forms. Working with Children clearance passes vary from state to state, so please confirm which pass you need to apply for with your local government. Infinite Spirit All Stars will not provide a coach pass to anyone who cannot provide this information. This information **must** be provided for anyone who wishes to gain entry to the warm-up area. Please see page 16 for further information.

Infinite Spirit All Stars currently recognises ICU and IASF Cheerleading Coach Qualifications. Each cheerleading team that enters warm-up must be accompanied by a coach who holds a qualification at their team's level or higher. Assistant coaches/helpers may have a lower or no qualification, as long as they enter alongside a qualified coach. Evidence of qualifications must be provided on your entry form. **Please see our Warm-Up Area section on page 16 for more information.**

Working With Children Check's for Athletes over 18 year's of Age

All athletes registered for an event who are over the age of 18 at the time of competition, must have a current Working with Children's check relevant to their state. Evidence of this must be provided prior to the competition date. Our athlete waiver has space for this to be submitted, or it can be sent to us via email. Clubs will be followed up for any missing records in the lead-up to the event. We will accept "volunteer" level registrations. For example – QLD has a Volunteer blue card, which is free to register (*information accurate as of January 2026*). Athletes who are 18 & over and have not provided proof of a Working with Children check will not be able to collect their athlete wristband on competition day.

We highly recommend registering for these cards as early as possible, as they can take many weeks to arrive. We will not accept proof that registration was "successfully submitted", it must be a complete and physical card.

FEES & PAYMENT

- Our pricing structure is released to Gym Owners only. Please enquire if you'd like further information
- Note: All entry fees are inclusive of GST
- Invoices will be sent to Clubs/Studios after entries are received
- All invoices are due IN FULL 6 weeks prior to events

Registration & Payment Deadlines

The closing date for entry forms is 8 weeks prior to the competition date. Payment is due 6 weeks prior to competition date. Teams will not be allowed to compete unless payment has been received IN FULL prior to the event, including individual items. *E.g. Southern Spectacular is on November 7th, therefore entry forms are due on September 11th, and payments are due on October 2nd. If payment is not received by Friday November 6th, the club will be withdrawn. Late fees will apply to any payments made after October 2nd.*

Entry fees are "locked in" on the entry form due date. Once this date has passed, all changes made to entries will be subject to the late fees as below. We recommend accepting payment in advanced from athletes for their entry fees, to avoid out-of-pocket situations. *If you'd like advice on how to manage the collection of competition fees in your program, please reach out to us.*

2026 Entry deadlines are as follows:

Competition	Entry Form Due Date	Entry Fee Payment Date
FNQ Championships (Mackay)	Friday, May 1 st	Friday, May 22 nd
Southern Spectacular (Hobart)	Friday, September 11 th	Friday, October 2 nd

Run sheet drafts will not be released to clubs until payment has been received.

Late Fees

Late fees on Entry Fee payments will be incurred as per below:

- Entry forms received after the deadline (8 weeks prior to event): **5% surcharge of total entry fees**
- Payments received after the deadline (6 weeks prior to event): **5% surcharge of total outstanding fees**
- Payments received less than 4 weeks prior to the event: **additional 5% surcharge of total outstanding fees**
- Payments received less than 2 weeks prior to the event: **additional 10% Surcharge of total outstanding fees**

New Athletes (athletes who were not already on the entry form who are added into existing items), or new routines added to your entry after the entry form deadline, will incur the following charges on top of the applicable entry fees:

	Athlete only (per athlete)	Routine (per routine)
Added to entry 7-8 weeks prior to event	\$0	\$10
Added to entry 5-6 weeks prior to event	\$10	\$15
Added to entry 3-4 weeks prior to event	\$15	\$20
Added to entry 2 weeks prior to event	\$15	\$40 – depending on space in program
Added to entry week of event	\$15*	\$50* – depending on space in program

*Athletes or teams added to the event after the entry form deadline may not receive an athlete gift or memento. This is due to costs and times of ordering stock.

Replacing Athletes

If an athlete requires replacing due to illness or injury (or other reasons), they may be replaced by another student who is of the right age to compete in the division. If you do not have an available athlete in the correct age bracket,

you must follow our “Out of Age Policy” as per page 6. Replacing athletes may incur late fees or other charges, please refer below for more information. All replacement athletes (coaches included) must complete a waiver before competing.

Fees for Replacement Athletes

Athletes may be replaced in the instance of illness, injury, or otherwise not competing (as above). Doing so may attract a fee. These fees are as follows:

- **Scenario 1:** An athlete can no longer compete, but still wishes to attend the competition (**no refund given**):
 - The injured/sick athlete will receive a spectators “no compete” wristband for the event. **This allows them access with other athletes/teammates for all areas except warm-up.** They will also receive their athlete gift and memento and be allowed to sit with their team during awards.
 - Replaced by an athlete already registered to the event: No additional cost from Infinite Spirit All Stars. Infinite Spirit All Stars must be notified of the change.
 - Replaced by a new athlete not already registered: regular entry fees apply to registration of the new athlete (late fees will not apply). Infinite Spirit All Stars must be notified of the change.
 - Replacements are to “swap” the injured/sick athlete. If the replacement athlete enters in further items, further fees will apply.
- **Scenario 2:** An athlete is sick or injured and can no longer compete and requests a refund:
 - **Refunds will only be processed once a medical certificate has been provided – this must be at least 2 weeks prior to event** to Infinite Spirit All Stars. All refunds will be less a \$30 admin fee.
 - The injured/sick athlete will not receive an entry wristband of any type, nor receive their athlete gift/memento/awards/promotional items given to athletes at the event. They will need to purchase a spectator ticket if they wish to enter the event.
 - Replaced by an athlete already registered to the event: Extra routines paid for at the applicable rates (if refund is successful, otherwise scenario 1 rules apply. **If the medical certificate has not been received prior to the event the athlete will need to pay entry fees for each routine/or registration for a replacement athlete.**)
 - Replaced by a new athlete not already registered: Full registration fees apply for new athlete (if refund is successful, otherwise scenario 1 rules apply) (no late fees are applied).
 - If you are replacing an athlete with a coach, the above options still apply. **The coach is considered as an athlete in this situation and any applicable entry fees still apply (even if the team becomes an Exhibition item).** If the coach is outside of the team’s age bracket, the team may need to follow out of age policy or perform as an “exhibition” item. Please see our Out of Age Policy on page 6 for more information.
- **Scenario 3:** An athlete is sick, injured, or otherwise no longer competing; they will not attend and are not eligible for a refund:
 - Replaced by an athlete already registered: no further charges
 - Replaced by an athlete not already registered: no charges as long as it is a DIRECT replacement (i.e. no extra routines). The “replaced” athlete must fully withdraw, this option does not apply if they are only withdrawing from a single routine.
 - Original athlete will not be able to receive an entry pass, or athlete gift/ memento/awards/ promotional items given to athletes at the event
- **Scenario 4:** An athlete is sick or injured and results in the removal of an entire team/item (excluding solos), no later than 1 week from the event:

- Arrangements will be made on a case-by-case basis. Please contact Infinite Spirit if you have exhausted all other options and are required to remove a team (e.g. our Out of Age Policy).
- Infinite Spirit will not deduct a team for having less than the minimum number of required athletes on the floor, if it is due to late injury.
- **Medical certificates must be provided no less than 1 week prior to competition to be able to negotiate a return of payment.**

Choosing to remove an athlete, or having an athlete quit after entries have been sent in, does not excuse payment. [We recommend accepting payment in advanced from athletes for their entry fees, to avoid out-of-pocket situations.](#) You may contact Infinite Spirit All Stars and a decision will be made on a case-by-case basis.

On-the-day routine cancellations (or “scratched” routines) must be reported to the event manager as soon as possible. No refunds will be processed for routines scratched; this includes on the day of competition. Any other changes to entries must be reported prior to the start of the competition. Frivolous changes may be subject to a \$30 administrative fee if made within 48hrs of the event start time. [Changes to divisions will not be made/accepted if the intention is for the item to compete alone.](#)

Refunds

Refunds will not be provided for change-of-mind. They may only be processed if a medical certificate is provided, or in extenuating circumstances. Please contact Infinite Spirit All Stars if you require a refund, and a decision will be made on a case-by-case basis.

No refunds will be processed less than 48hours before the event, or on the day of competition. Teams that have been disqualified for any reason are not eligible for a refund.

Refunds will only be processed via the entering club, refunds will not be provided to parents or athletes directly. Communication regarding refunds, illness and injury must also be directly with Gym Owner or club representative, we will not correspond with parents or athletes.

[Spectator tickets are non-refundable, please refer to the terms and conditions of purchase on the applicable seller platforms.](#)

ON-THE-DAY COMPETITION

Participant and Spectator Entry

Each participant and spectator will receive a wristband to note their ability to be within the venue at any given time. Coaches and Officials are issued a separate pass to allow them access to the “athlete-only” areas, such as warm-up. Spectators are not permitted in these areas under any circumstances. Spectator wristbands will be provided upon proof of ticket purchase at the door. Participant wristbands are included in entry fees, athletes do not need to purchase a ticket to watch the competition.

Athlete and Coach Check-in

Athletes and Coaches will have a separate check-in desk to spectator check-in/ticket collection. The location of this desk will be communicated to coaches prior to the event. This is also where athletes will pick-up their athlete gifts.

Athletes will be required to collect their own individual wristbands. Coaches/parents cannot collect wristbands on behalf of athletes. Coaches do not need to be present when athletes collect their wristbands, these can be collected at any point during the day (however an athlete will not gain entry to the event until they have collected a wristband). Please ensure your athletes allow adequate time to collect their wristbands before they are required at the event. Queues can be long across busy periods of the day. We will accommodate rushed athletes and coaches where possible, but it is not guaranteed.

Warm-Up Area

Athletes, coaches, and other officials are the only ones allowed access to the warm-up area. Coaches will need to have their working with children clearance and drivers license/photo ID on them at all times (this now also includes athletes who are 18 years and over), and be able to provide them to staff when requested. Event staff have the right to request these documents at any time. If you are unable to produce these documents, you will be unable to access the warm-up and other athlete-only areas. See “Coach Qualifications & Working With Children Check” on page 12 for more information.

Coaches must also be credentialed to the level of the team they are supervising in warm up (for Cheer only). Gym Owners and junior coaches/helpers who are not accredited to the level must be accompanied by a coach of the appropriate level when in warm-up. The team will be unable to enter the warm-up hall until the appropriately qualified coach is present. This coach must stay with the team at all times, a junior coach or helper is not to be left alone with a team they are not qualified for. Evidence of certification must be sent with the club entry form. If there is an issue on event day and the coach for that team is sick or unable to attend, please let us know as soon as possible so we can assist you with a helper. You will need to provide evidence that you have a coach qualified to that Level on staff normally for us to be able assist you on the day.

Athletes must show their participant wristband to staff in order to gain access to the warm-up area. Any persons found unauthorised within warm-up may be asked to leave the venue. This includes parents and friends. Only athletes who are due in the warm-up room for their routines are permitted to enter. Athletes that have withdrawn due to injury or have been injured on the day will have been given a “no compete” wristband and will no longer have access to the warm up room (if an athlete competes with this wristband on the team is automatically disqualified).

Dressing Rooms (When available)

Where possible (venue depending) we allocate individual or shared club dressing rooms. Coaches will be notified prior to the event if this will be the case.

Dressing rooms may only be accessed by Athletes, Coaches, and other officials. Dressing rooms may not be accessed by parents or the general public. As part of our Child Safety policy, all officials, persons 18 and over, and volunteers entering these rooms MUST provide a valid working with children’s check as per your local state laws. This cannot be

a copy of confirmation of lodgement - it must be the issued card. Evidence of this should be provided via email prior to the event day.

Clubs will be allowed 2 passes for "Dressing Room Helpers". These Helpers must be nominated by a coach, and their pass arranged PRIOR to the event. Helpers can collect their dressing room pass at athlete check-in (please note; a dressing room pass does not include entry to the event, a separate spectator ticket must be purchased). If your volunteers are rotating during the day they will need to return their bands to the desk before new ones can be issued as only 2 per club can be in circulation at any one time.

Photos and Videos are prohibited in dressing rooms. This area is a high-risk environment. Our staff will perform spot checks; anyone caught taking photos or videos will be asked to leave and will no longer have access to that area (this includes coaches). Photos and videos do not belong in areas of undress.

Mini Competitions

Our Mini Competitions are specialty events that are FREE for all registered athletes.

Mini Competitions on offer vary from event to event, pending the event schedule. Some Mini-Competitions will require athletes to register on a sign-up sheet at the start of the day, others will be on a call-to-stage basis. Sign-up sheets will be available at the athlete check-in desk at each competition. Spaces are limited. Registered athletes must report to the correct areas in time for the competitions so as to not lose their spot.

Some mini competitions may occur simultaneously to routines on the floor (i.e. if they are hosted in the Awards Hall space). We will not hold the performance floor for athletes in Mini Competitions. Please ensure your athletes check the Mini Competitions schedule against their performance times so they do not create a clash.

Further information as to which Mini Competitions are on offer at each event will be sent through to coaches along with the event running order. We no longer accept pre-registration for Mini Competitions.

Photos and Videos

Professional Photos & Videos of all routines are provided by Infinite Spirit FOR FREE for every club!

Photographs will be shared via SmugMug, and videos are shared via Cheercast. Login information for both platforms will be shared to Gym Owners prior to the event. This login information is not shared to parents or athletes by Infinite Spirit. It is the responsibility of Gym Owners to pass this login information onto their clubs. Photos are removed from SmugMug after 12 months so we encourage you to download your photos to a local drive as soon as possible.

You may take videos and photographs of routines at the event. However, we request no flash photography, and please only photograph/video your own routines. Staff will ask you to delete any photos or videos from your device of any routines or athletes that do not belong to your own club - failure to do so will result in removal from the venue. Spectators must remain seated when photographing/videoing a routine and must not disrupt other viewers or the judges in any way.

Cheercast also provide a Video Playback station at the event, so athletes can watch their routines immediately after they leave the performance floor.

As a courtesy to other spectators who may be taking photographs and videos, we request that everyone remain seated during routines. We kindly ask that Gym Owners and Coaches encourage all parents and spectators to adhere to event etiquette and Code of Conduct (see page 23).

Social Media at the Event

Our social media team take photographs and videos of routines and around the venue over the course of the event weekend. They also utilise our professional photos. These are uploaded to our Instagram & Facebook pages for event promotion. If you or your child do not wish to be filmed or photographed, you may kindly

ask our staff to not capture your image. We can also immediately remove any images from our social media upon request.

Photographs & Our Child Safety Policy

If a child cannot be photographed or posted to Social Media for safety reasons, please email us at info@infinitepiritallstars.com.au. If you can provide the club and any team names in which they are competing, or any other identifying information that can assist, we can ensure that no photographs or videos are taken or posted to our social media platforms.

Awards and Awards Ceremonies

Our Awards ceremonies are hosted in a separate “Awards Hall” (excluding the final awards of the event which are hosted in the main competition space). The Awards Hall will run simultaneously to the competition floor in a separate space. The main competition will not be halted for these awards sessions.

Coaches will be provided with an Awards Hall schedule prior to the event. This should be checked for any major clashes. If there are issues with the scheduling, please notify us immediately. See Run Sheet Changes on page 11.

All Awards sessions are live-streamed through our Social Media pages. We also have a “live blog” on our website, where results are posted at the end of each awards session.

Awards, banners, and athlete mementos must be collected by a representative from the club on the day of the event. If something is left behind, it can be posted after the event at the expense of the club. Replacement awards for lost or damaged items can also be provided at the club’s expense.

For a detailed list of Awards and eligibility, please see page 31.

We award the following:

- “Hit Zero” Wristbands – for Cheer teams that have zero deductions or legalities (does not include Cheer Specialty Items)
- Awards for Dance Solos & Duos
- Individual 1st - 3rd place banners for athletes
- Large 1st – 3rd place banners for all Teams (excludes Stunt and Cheer Solo/Duo)
- Individual Grand Champion banners for athletes
- Large Grand Champion banners for Teams
- Exhibition items will receive participation certificates only

Ultra Grand Champions

At the end of the season we will announce our Ultra Grand Champions! An Ultra Grand Champion is a routine which was the highest scoring in their division across all of our events for the entire year!

In order to award an Ultra Grand Champion, the division must be present at all of our events for 2026. Prizes will be announced closer to time. Keep an eye on our socials in November for more information.

Judging

Infinite Spirit All Stars bring highly respected, qualified, experienced, and reputable judges to all our championships from across Australia and internationally. Every one of our judges has an extensive resume and history in the style they are judging as a former athlete/dancer and successful coach and/or choreographer as well as judge.

All Cheer divisions follow the IASF rules, ACU Cheer Novice Rules, and CheerStars Rules. Dance follows IASF rules as well as ACU Novice Dance Rules, and ACU Intermediate Dance Rules. All of this information can be found in our coaches portal.

If coaches, athletes, or parents are seen to be talking to judges during or after the competition, they risk team deductions or disqualifications (this excludes pre-booked judges feedback sessions post-event, [or point-review queries with our Point Review Judge only](#)).

Judges decisions are final, and any disputes or errors can be appealed for up to 7 days after the competition. All appeals must be submitted via email.

Coaches will be briefed on the point-review system and how to query legalities & deductions in the lead up to each event. Scoresheets will be provided to coaches electronically after the event has concluded.

Deduction and Point Review

Coaches will have the ability to contest deductions and score ranges at the event. Deductions and score summaries are emailed to coaches periodically throughout the day. Each club must nominate someone to be responsible for reviewing these emails and [reviewing them with our Point Review judge](#) if necessary. [If a response is not received, it will be assumed that the deduction or score has been accepted by the club.](#)

Clubs will have 20 minutes from the time the email is sent to dispute their results. All disputes must be submitted via email – simply reply to the email that includes your score. Disputes [or questions](#) are then passed on to our Point Review Judge for further review. The Judge may choose to amend a range, or reverse a deduction, or to not make any changes. Their decision is final and will be provided to the coach in writing. Coaches can request further discussion and information about these decisions but cannot dispute further [or request further alterations](#). Awards sessions will not proceed until all disputes are resolved, as the outcomes may affect scoring.

Tie Break Rules

In the event of a tie, we will follow the ruling below to decide who receives the highest placing:

1. Cheer and Dance: Team with fewer deductions. If not applicable, apply;
2. Cheer: Team with highest Overall score. Dance: Team with highest Execution scores
3. After this if a tie still stands we will award the tie.

Places after this will be awarded without skipping a place e.g. 1st, tie 2nd, tie 2nd, 3rd

Scoresheet Distribution

Scoresheets are distributed to clubs electronically via Dropbox. A link to a private Dropbox folder will be emailed to each club prior to the event. We aim to have all scoresheets uploaded within 24 hours of the event conclusion.

Music

All coaches and/or programs are responsible for the supplying and playing of their routine's music. You must have at least two forms of "back-up" music per team on an MP3 player, tablet or phone. "STREAMED" music (e.g. Spotify or YouTube), is NOT ALLOWED. Phones must be placed into flight mode prior to usage at the music desk.

If an error occurs during playback due to an equipment malfunction, the coach must make an **immediate** decision to either continue the routine or end it. If the routine is stopped, the team will be allowed to perform the routine again at a later time (set by the event manager) and will only be judged again from the point of interruption. If music fails due to an error on the coaches behalf (e.g. invalid file format), it is up to the event providers discretion as to whether the routine may be performed again at a later time.

If the music fails and the athletes continue to perform the routine, they will be scored as if there has been no music error. Athletes may verbally count and assist each other in this instance in order to keep the routine on track. No deductions will apply, the routine will not be allowed to re-perform.

The coach/staff member responsible for music is required at the music desk two items prior to the routine. All music is played via the headphone jack of your device. If you require a headphone jack adapter (i.e. newer model phones), you must supply this adapter yourself.

Copyright music that is clearly plagiarised will be subject to a deduction (pending level of copyright this could be under Image Policy 0.25 or Unsportsmanlike Conduct 1.0 - this decision will be left to the judges discretion). This can include but is not limited to music taken from YouTube or other recordings of Australian and International teams.

POLICIES AND CODE OF CONDUCT

Safety Spotters

If you feel the need for an extra safety spotter in your [Cheer or Stunt routine](#), a person/s may step onto the performance area during stunts, pyramids, or baskets to assist in the event of an unexpected fall. Safety spotters should not touch, assist, or save skills being performed, they may not coach or speak to anyone on the team. They are only to be used to prevent a fall to the competition floor. **Any touch, assist, or saved skill where the flyer is not returned to the performance surface will receive a Major building fall to the value of ACU Safety Deduction System.** An exception to this rule is given in the case of Partner Stunt divisions in which the Safety Spotter is required to assist in catching a cradle. NOTE: The spotter may not then assist in the transition of the flyer from the cradle into another skill, except for placing on their feet onto the performance surface. **A general deduction will also be given if a safety spotter is seen to communicate or coach the team in any way whilst on the floor.**

Safety spotters must:

- **Be a registered athlete with a completed waiver and insurance. If a coach wishes to fulfil this role they MUST fill in a waiver (please notify us of this prior to the competition) – persons over 18 must also provide a working with children’s check.**
- Be dressed in a **plain black shirt** (no club logos or similar) and plain black pants
- Wear appropriate soft-soled shoes, *i.e. Sneakers*. No flip flops, [crocs](#), heels, Ugg boots, slippers, steel cap boots, spikes/cleats/football boots or similar items. [Closed in soft soled athletic shoes that is laced or zipped closed for a fitted shoed that will not slip on/off. Must not be able to fall off with sudden quick movement. Must be clean and non marking.](#)
- Not have gum, candy, cough drops, or other such edible or non-edible items in their mouth
- Not wear **jewellery of any kind** (includes watches)
- Not wear lanyards, badges, or pins, including competition IDs (exception: competitor wristband)
- Not carry a bag or backpack
- Not speak to athletes during the routine
- Not be wearing casts, walking boots (aka Moon Boots), or braces with hard or sharp elements
- Hair must be worn in such a way that they can safely see the athletes they are spotting. [No hats, beanies, hard headbands or clips of any kind plastic or metal that could cause injury if landed on.](#)
- Not verbally “coach” on the performance surface, this includes pointing, talking, counting or physically assisting athletes.

Coaches Seats and Sideline Coaching

Coaches will have designated “Coaches Seats” next to the performance floor. Coaches may cheer on and support their athletes from these seats. [These seats are to be used by the team’s coaches only – not for other supporting athletes and their entourage.](#)

A general rule infraction will apply to teams where coaches are seen to be coaching from these seats, or the “sideline” of the performance floor, OR if a coach enters the performance surface during the routine (if a coach enters the floor, the music will be stopped as an injury will be presumed). This includes performing choreography from the chairs in an effort to assist athletes (exception; [All-Ability Divisions, Tiny & Mini Novice Dance & Cheer, and CheerStars Prep Tiny & Mini coaches may assist - see below](#)).

Coaches found to be blocking the Judging panel will be warned. Failure to move will result in a deduction. [Elements of a routine blocked from view by a coach will not be scored.](#)

Sideline Coaching: Tiny Novice, Mini Novice & CheerStars Prep

Coaches may assist from the “Sideline” for All-Ability, Tiny Novice Cheer & Dance, Mini Novice Cheer & Dance, and CheerStars Prep Tiny & Mini routines.

It will be permitted for sideline coaches to use props to help prompt athletes; however, there are to be no props or visual aids on the performance surface to assist with formations and positions. Coaches should position themselves at the front corners of the performance floor, and must not block the view of the judges.

A total of 2 Coaches may assist All Ability, Tiny, and Mini athletes onto the performance surface, but must abide by the IASF 30-second time allocation to get both on and off the floor. Exceeding this may incur a rule infraction.

Teams with spotters on the floor, must follow the general spotter’s rules and attire. No Verbal coaching by spotters on the performance surface, this includes pointing, talking, counting or physically assisting athletes. Deductions will apply for spotters assisting with skills on the performance surface like all other levels and divisions.

On-The-Day Injuries

Qualified First-Aid staff are on-site at all Infinite Spirit events. They are stationed in the Warm-Up Area and Main Arena. They attend to illness or injuries acquired on the day of event only. They will not provide strapping or other practices otherwise performed by a physiotherapist.

Routines will be stopped if an athlete displays signs of injury or illness. It will be assumed that an athlete in any form of distress requires medical attention and will be treated as such by our paramedics. Coaches, Judges, and Event MC’s have the authority to stop a routine if they believe an athlete is in distress. An injured/ill athlete who has fallen to the ground must remain on the performance surface until they have been assessed by our First Aid officer. They can be moved to another location for treatment only once they have been cleared to do so.

In the case of the need for an ambulance, our First Aid officer will contact and liaise with local authorities on behalf of the injured person. In no circumstance is anyone else to call for an ambulance unless instructed by our First Aid officer.

If a team wishes to perform again, the coach must arrange an alternative performance time with the Event Director. The team will be required to perform the routine in full as per normal. Judges will be instructed to only judge from the point in the routine where the music was stopped (exception: Safety judges may deduct any unsafe skills from the entirety of the routine).

A team is not required to perform again, this is at the discretion of the coach. If they do not wish to re-perform, they must notify event staff. In this instance, Judges will judge the portion of the routine that was performed.

The injured/ill athlete may only return to the performance surface with the written permission of the First Aid officer. Clearance for the athlete must be signed by three people – the first aid officer, the Coach, parent/guardian of the athlete if under 18 OR the athlete if they are 18 or over (if a parent or guardian cannot be physically present, they must be contacted for verbal confirmation to the first aid officer).

If the injured/ill athlete does not wish to perform again, they will have their athlete band removed and replaced with a “non-compete” band. If they are seen on the performance floor, the routine will receive instant disqualification. If they change their mind and feel better, they need to return to first aid for clearance. If an athlete is injured on Day 1 of a two-day event, they will need a doctor's clearance to compete on Day 2 unless they are on prior to 9am and the injury happened after 7pm. In this instance you may receive clearance from our First Aid officer.

A spill of bodily fluids will be treated as an injury, and the routine will be stopped as above. Gym owners & coaches of the team are responsible to clean any surface affected by a spill. This includes in the warm-up room. A spill kit will be available on-site. **Any professional cleaning that occurs due to a spill not being adequately removed will be charged to the gym that caused the spill.**

Uniform & Costume Guidelines

Infinite Spirit All Stars adheres to the IASF and ACU rules in regards to uniform and costume guidelines*. Please see the ACU Guidelines for further clarification.

Exception: Uniform Top guidelines will not be enforced for **Cheer Specialty items or Dance Specialty Items**, and will only be warned for Cheer Teams (i.e. mid-riff uniforms or crop tops/training attire). Please remember that Infinite Spirit All Stars events are family events, and costumes/uniforms should be created with this in mind. Vulgar or offensive costuming could result in deduction or disqualification of a routine. **New ACU Dance Costume guidelines are now in place for 2026, warnings will be given where possible, however if the judges feel that the dancers breach our Child Safety Guidelines with costume elements, choreography, music or a combination of all, a deduction will be given to ensure that students wellbeing is taken more seriously in the All Star field. This includes Dance Specialty.**

As per IASF guidelines, athlete with non-full top uniforms **or crop-top style dance costumes** must wear a t-shirt or other suitable clothing to cover up their uniforms at all times, unless they are in the warm-up area, travelling as a group directly to or from the warm-up area, or on the performance floor. **This includes when collecting prizes during awards sessions.**

Athletes that need to change costumes or outfits at any point during the event must only do so in designated changing areas e.g. toilets, showers, or allocated areas in warm-up. Athletes **MUST NOT** get changed in the spectator grandstands, competition hall, or in view of attendees. We recommend wearing an underlayer, such as a leotard, if you require a quick change. Where possible (venue allowing) we provide quick-change areas for athletes. **Coaches or Parents who are found to be continuously ignoring these rules will be asked to leave the event.**

**Some changes may be implemented pending the review of further 2026 updates from ACU, or to bring our processes in line with industry standards if adopted by other EP's. We will only implement changes that are in the best interest of clubs and programs. Coaches will be notified immediately if any changes are to be made to these rules.*

Conditions of Entry/Athlete & Spectator Code of Conduct

1. Athletes, Coaches, and spectators must remain seated during performances. Please do not stand up and move around until a routine has finished. This also includes entering an arena space whilst a performance is underway. Please have respect for others enjoying the performance. Repeat offenders may be asked to leave-no refund will be provided.
2. Stunting and tumbling skills should not be practiced outside of designated areas. This includes matted areas during designated warm-up time, or on the performance floor during routines only. Stunting outside of these areas may end up in a disqualification of your team.
3. If any of your team members are running late, we **STRICTLY** do not wait for them and will not re-arrange the running order for late arrivals – under any circumstance.
4. Please direct any serious concerns to your clubs coaching staff, who should then direct them to the Event Manager – not the warm-up staff, MC, or the judges.
5. All teams must be supervised during events by a qualified coach or gym owner/director
6. All participants agree to conduct themselves in a manner displaying good sportsmanship throughout the event. Coaches, gym owners, and other club staff, are responsible for seeing that their athletes, coaches, parents, and any other persons affiliated with the team conduct themselves accordingly. Demonstrations of unsportsmanlike conduct are grounds for deduction, disqualification, **or removal from the event.**
7. All teams, programs, coaches, and advisors should have an emergency response plan in the event of an injury and know where first aid is located at each event.

8. Please support every team that is competing. We encourage a positive and friendly, yet competitive, environment at our events. We encourage team mingling and friendships. **All forms of bullying or harassment (verbal, physical, or online) will not be tolerated.**
9. Photography and videography are allowed at our events. However, photography and videography can be requested for viewing by ANY event staff at ANY time. ONLY photos and video footage of your associated club/athlete is allowed. Please be mindful of athletes from other gyms in the backgrounds of your videos and images, especially if posting to social media platforms. Where possible, please liaise with other programs to get permission before posting, and please remove posts immediately if requested. Failure to do so will mean immediate removal from the event and its grounds - no refund will be provided. **Professional photography and videography is provided by Infinite Spirit All Stars to all clubs.**
10. By entering an Infinite Spirit All Stars event, you agree to abide by the policies, terms, and conditions listed in this handbook, and accept the repercussions of violation/s by any person associated with your club.

Penalties for Unsportsmanlike Behaviour

Teams will incur a 5-point deduction, or possible disqualification, for displays of unsportsmanlike or negative behaviour during the competition. The level of consequence is at the discretion of event staff based on the severity of the actions. Some examples of this (but not limited to) is questioning other teams scores (this includes to Point Review and other staff), making comments in poor taste regarding athletes, encouraging bad sportsmanship from athletes and spectators, continuously demanding review of a legality/deduction, any behaviour that can be interpreted as bullying. These rules extend to all athletes, parents, coaching staff, and gym owners. Disqualification can still be applied in the days following competition pending investigation. If a team is disqualified all banners and awards must be posted to the office at the clubs expense. **If banners are not returned, the club will be invoiced for their cost and the club may be banned from future Infinite Spirit events.**

Demonstrations of violent behaviour from an event attendee (athlete, coach, spectator, etc) towards any other attendee or Infinite Spirit staff member will not be tolerated. The offending persons will be removed from the event. Depending on severity, their Club may also be removed. The offending persons will subsequently be banned from future Infinite Spirit events.

Infinite Spirit will not base decisions for disqualification, penalties, or other disciplinary actions, on matters that transpired prior to the competition, and therefore have no relevance to Infinite Spirit. We will only base our decisions on matters that have occurred on event day, at our event, or immediately related to the event itself.

Disputes and Grievances

We understand the excitement and passion that everyone experiences during a competition. We also understand that mistakes can happen. While we do our best as event staff and judges to offer a flawless event experience, here are the ways you can handle issues or situations that may arise:

- Contact the Event Director immediately
- State your concern in a professional manner and your reason for the concern
- The Event Director will investigate any valid concerns with all appropriately involved parties
- Remember, we are here to make sure you have the best day ever. Help us have a great one too! Rude or violent behaviour towards our staff will not be tolerated.
- If an issue has been identified after the event, please email us with a clear explanation

Plagiarism

If a team is found to have plagiarised choreography from another club or program, they risk disqualification.

If you believe this is the case, please lodge a formal complaint to info@infinitespiritallstars.com.au. The complaint will be reviewed by our Event Director. If it is found that any routine has more than 32 counts of plagiarised choreography, the routine will be disqualified. Any awards will be removed from the team. The disqualified club will

be responsible for all costs incurred in returning awards to Infinite Spirit, and costs incurred to send the correct awards to another program (if disqualification results in a change of placements).

Our judging team has the ability to flag any choreography that they recognise in a routine as possible plagiarism to our deduction judges on event day. If this is done, the club in question will be requested to provide evidence of permission given to them to use the choreography in their routine, in order to avoid disqualification.

Solicitation at Events

No outside vendor, company, or program may in any way solicit information or merchandise at any Infinite Spirit All Stars events without the written consent by the Company Director. All materials will be immediately removed from the venue (and its surrounds) and all active personnel will be banned from the remainder of the event. If there is a direct connection to a team that is competing at the event, the team risks being disqualified.

If you wish to enquire about hosting a stall at one of our events, please contact us at least 6 weeks prior to the event. This includes but is not limited to Merchandise, workshop sessions, photography and video, etc. **Please note: there is to be NO third-party professional photography or videography at our events, for the interest of child safety.**

If your club wishes to bring their own photographer/videographer/social media co-ordinator (who is not already a coach), please discuss this with us in advanced, so we can put controls in place where necessary. **It is imperative this is done so any Blog or Vlog style content produced from our event does not breach our Child Safety Policy.**

Please be wary of any third-party company offering their services at or around our event. If in doubt, please reach out to us for confirmation.

Recruiting or Poaching

No program, club, or individual may in any way participate in the active recruitment of athletes at any Infinite Spirit All Stars event. This is unacceptable behaviour and will not be tolerated by event staff. Please report any such activities to the Event Manager immediately (ensure you have proof).

Inclusive Events

Infinite Spirit is proud to be an Inclusive Event provider. We strive to provide a safe space for athletes from the LGBTQIA+ Community. We continue to be leaders in the Australian cheer and dance community, and aim to provide educational resources to coaches, athletes, and parents, as well as pushing for increased awareness for equality within our sport.

If you'd like any further information on how we create an inclusive event for all of our athletes, or how you can help create an inclusive space at your program, please email us at info@infinitespiritallstars.com.au.

Website Members Area and Coaches Resources

Coaches and Gym Owners are invited to create an account through our website, www.infinitespiritallstars.com.au. Here you will find resources such as entry forms, waivers, rules, scoresheets, and other important documents. It is also here where scores and awards will be posted for review after the event.

To create an account, head to our website and use the "Log In" Link in the top right-hand corner. Please note, only Coaches and Gym Owners will be allowed to create accounts. Parents and athletes will be denied access to this area due to sensitive information.

Help & Other Queries

We are always here to assist. Whether it be a question about one of our events, or a stunt legality issue! Our friendly staff are knowledgeable and always eager to help. Feel free to reach out to us whenever you need to.

Main email: info@infinitespiritallstars.com.au

Event Director & Coach Assist (Tamara): tamara@infinitespiritallstars.com.au, 0434 423 817

Accounts & Admin (Ayla): ayla@infinitespiritallstars.com.au

2026 Age Grid

INFINITE SPIRIT ALL STARS – CHEER AGE GRID 2026 (TEAMS AND STUNT ONLY)					
Division	Age	Birth Years	Gender	# Athletes	Level
Tiny	3-6	2023-2020	N/A	5 - 38	N, 1
Mini	5-9	2021-2017	N/A	5 - 38	N, 1, 2
Youth	6-12	2020-2014	N/A	5 - 38	N, 1, 2, 3, 4
Junior	8-15	2018-2011	N/A	5 - 38	N, 1, 2, 3, 4
Junior	10-16	2016-2010	N/A	5 - 38	5, 6
Senior	11-18	2015-2008	N/A	5 - 38	N, 1, 2, 3, 4, 4.2, 5
Senior	13-18	2013-2008	N/A	5 - 38	6
Open	15+	2011 or earlier	N/A	5 - 38	N, 1, 2, 3, 4, 4.2, 5, 6, 1NT, 2NT, 3NT, 4NT, 5NT, 6NT
Adult	18+	2008 or earlier	N/A	5 - 38	N, 1, 2, 3, 4.2, 4, 5, 1NT, 2NT, 3NT, 4NT, 5NT, 6NT
All Level 7 & 7NT	16+	2010 or earlier	N/A	5 - 38	7, 7NT
Scholastic Primary*	Year 6 & below	N/A	N/A	5 - 38	N, 1, 2, 1NT, 2NT
Scholastic High School*	Year 7-12	N/A	N/A	5 - 38	N, 1, 2, 3, 4, 4.2, 1NT, 2NT, 3NT, 4NT
University	Registered Uni Student	N/A	N/A	5 - 38	N, 1, 2, 3, 4, 4.2, 5, 6, 7, 1NT, 2NT, 3NT, 4NT, 5NT, 6NT, 7NT
CheerABILITY (Independent)	All Ages	All Ages	N/A	5 - 38	N, 1, 2, 3, 4, 4.2, 1NT, 2NT, 3NT, 4NT
CheerABILITY (Unified)	All Ages	All Ages	N/A	5 - 38	N, 1, 2, 3, 4, 4.2, 1NT, 2NT, 3NT, 4NT

CHEERSTARS – PLEASE SEE BELOW ON PAGE 30

PLEASE NOTE: IASF Worlds and Summit may have different team sizes and ages to the above. Infinite Spirit does not offer IASF Divisions unless upon specific request.

Infinite Spirit offers different age divisions and levels to other EP's. When competing for multiple event providers, ensure you cross check to avoid disappointment after setting your teams.

* Scholastic teams will be placed in All-Star divisions if there are no other entries in their age/division

INFINITE SPIRIT ALL STARS – DANCE AGE GRID 2026 (TEAMS ONLY)				
Division	Age	Birth Years	# Athletes	Genre
Tiny (Nov)	6 & Under	2020 or later	5-38	JZ, HH, PM, LR/CT
Tiny (Int & Adv)	4-6	2022-2020	5-38	JZ, HH, PM, LR/CT
Mini (Nov)	9 & Under	2017 or later	5-38	JZ, HH, PM, LR/CT
Mini (Int & Adv)	5-9	2021-2017	5-38	JZ, HH, PM, LR/CT
Youth (Nov, Int & Adv)	6-12	2020-2014	5-38	JZ, HH, PM, LR/CT, HK
Junior (Nov, Int & Adv)	8-15	2018-2011	5-38	JZ, HH, PM, LR/CT, HK
Senior (Nov, Int & Adv)	11-18	2015-2008	5-38	JZ, HH, PM, LR/CT, HK
Open (Nov, Int & Adv)	15+	2011 or earlier	5-38	JZ, HH, PM, LR/CT, HK
Adult (Nov, Int & Adv)	21+	2005 or earlier	5-38	JZ, HH, PM, LR/CT, HK
Scholastic Primary (Nov, & Int)*	Year 6 & below	N/A	5-38	JZ, HH, PM, LR/CT, HK
Scholastic High School (Nov, Int & Adv)*	Year 7-12	N/A	5-38	JZ, HH, PM, LR/CT, HK
University	Registered Uni Student	N/A	5-38	JZ, HH, PM, LR/CT, HK
DanceABILITY (Independent)	All Ages	All Ages	5-38	JZ, HH, PM, LR/CT, HK
DanceABILITY (Unified)	All Ages	All Ages	5-38	JZ, HH, PM, LR/CT, HK

(Note: Dance Duos & Dance Solos do not have divisions in Nov/Int/Adv/Elite).

PLEASE NOTE: IASF Worlds and Summit may have different team sizes and ages to the above. Infinite Spirit does not offer IASF Divisions unless upon specific request.

Infinite Spirit offers different age divisions and levels to other EP's. When competing for multiple event providers, ensure you cross check to avoid disappointment after setting your teams.

* Scholastic teams will be placed in All-Star divisions if there are no other entries in their age/division/genre

DANCE SOLOS & DUOS AGE GRID

Dance Solos and Duos will be split based on our grading system.

Duo ages are determined by the age of the oldest dancer of the pair.

Age divisions will not be based on the age division of the team (if any) an athlete is entered into.

Scholastic & University divisions are not offered for Dance Solos & Duos. These athletes will compete in the All-star divisions below.

AGE DIVISION	APPLICABLE AGES
DanceAbility	All Ages
Mini	7 & Under
Junior	8 – 12 years
Senior	13 – 19 years
Open	20 years & Over

CHEER SOLOS & DUOS AGE GRID

Age divisions for Cheer Solos & Duos will be decided by Infinite Spirit All Stars once entries are received on an event-by-event basis. These will only be split if there is a minimum of **five** in **each** age division **after** the split.

Where possible, Cheer Solos & Duos will follow the age categories of Dance Solos & Duos (above). They do not follow the standard age grid.

Ages will not be based on the age division of the team (if any) an athlete is entered into.

INFINITE SPIRIT ALL STARS – CHEERSTARS 2026

Infinite Spirit All Stars offer CheerStars divisions at our events.

Age Divisions:

Tiny: 3 - 6 years

Mini: 3 - 9 years

Youth: 4 - 12 years

Junior: 6 - 15 years

Senior: 8 - 18 years

Open: 14 years & older

Adult: 18 years & older

****Max 2 OOA athletes permitted with no deductions;**

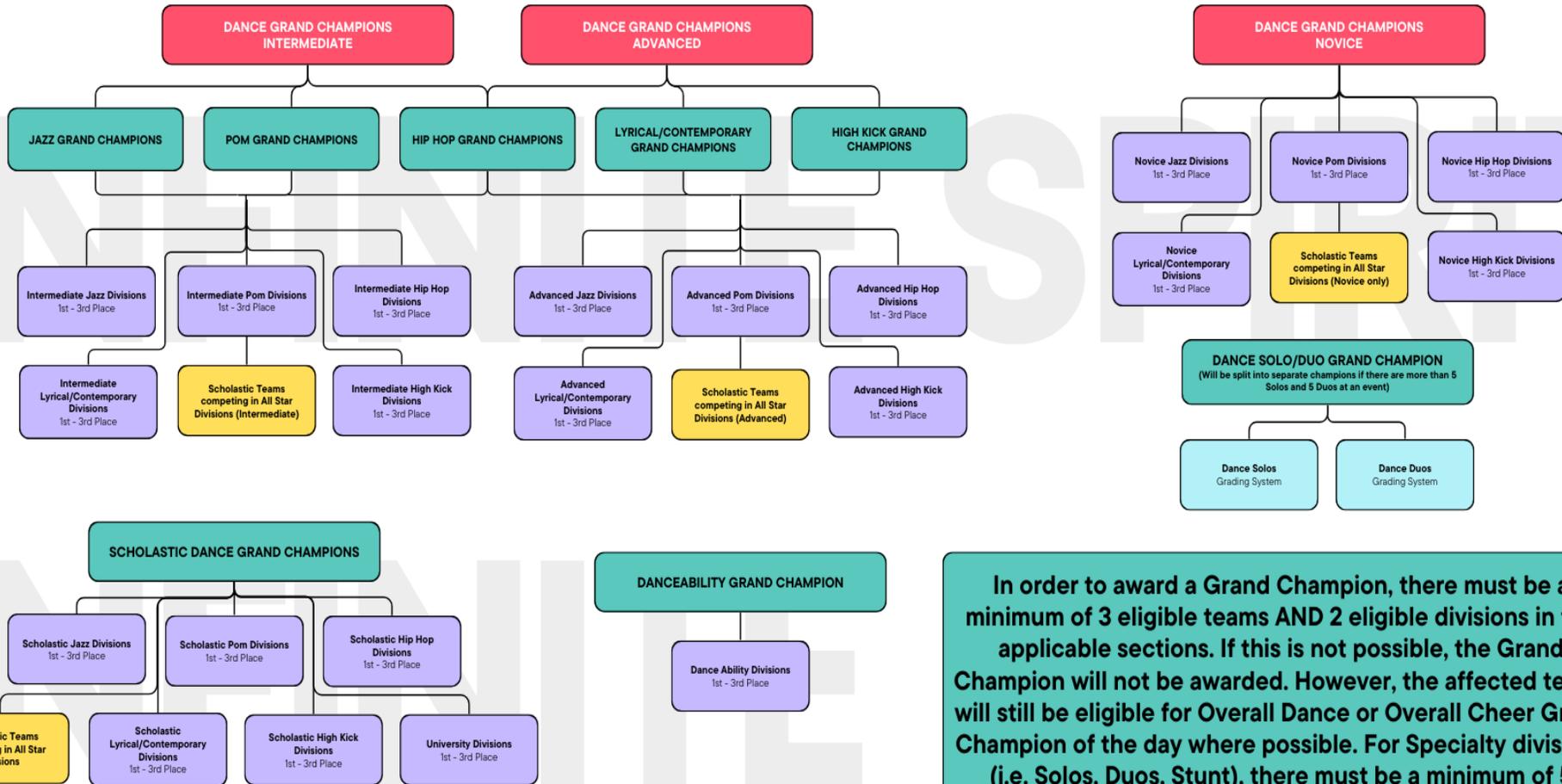
they must be within 2 years of the age group they are registered to.

Team size is 5+ team members for all CheerStars routines.*

**No deductions will be given if you compete with 4 athletes, as long as you have registered and paid for 5 members*

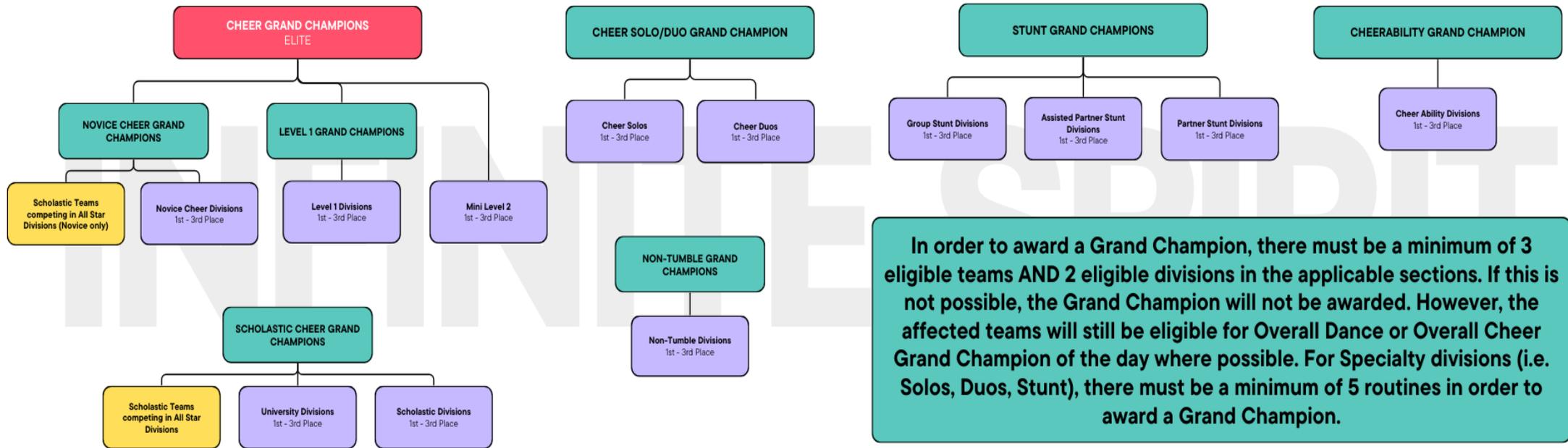
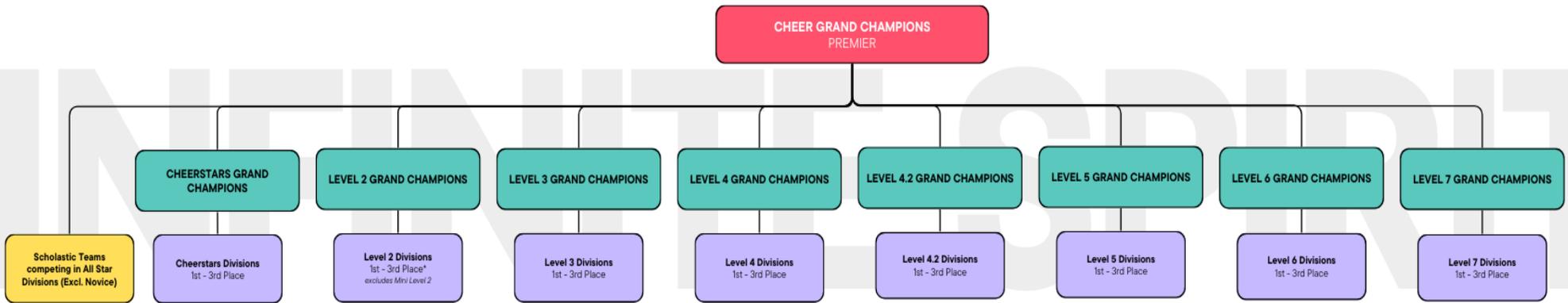
For more information, please refer to the CheerStars information handbook.

INFINTE SPIRIT AWARDS CHART 2026 - DANCE



In order to award a Grand Champion, there must be a minimum of 3 eligible teams AND 2 eligible divisions in the applicable sections. If this is not possible, the Grand Champion will not be awarded. However, the affected teams will still be eligible for Overall Dance or Overall Cheer Grand Champion of the day where possible. For Specialty divisions (i.e. Solos, Duos, Stunt), there must be a minimum of 5 routines in order to award a Grand Champion.

INFINTE SPIRIT AWARDS CHART 2026 - CHEER



In order to award a Grand Champion, there must be a minimum of 3 eligible teams AND 2 eligible divisions in the applicable sections. If this is not possible, the Grand Champion will not be awarded. However, the affected teams will still be eligible for Overall Dance or Overall Cheer Grand Champion of the day where possible. For Specialty divisions (i.e. Solos, Duos, Stunt), there must be a minimum of 5 routines in order to award a Grand Champion.